

LEAF 2019 IMPACT REPORT

LEAF
CULTIVATING YOUTH LEADERS



LEAF cultivates young leaders from diverse backgrounds through meaningful work in the food system.



SINCE ITS FOUNDING IN 2013, LEAF HAS:

- HIRED & TRAINED 140 YOUTH
- DONATED 3,200 MEALS
- IMPACTED 21,215 COMMUNITY MEMBERS THROUGH FARMING, COOKING, SERVICE, AND EDUCATION.

“We arrive at the farm, forgetting about the hectic-ness and chaos of our everyday school lives. We talk, we laugh, and in the humid heat . . . I think a lot about the lessons that I have learned at LEAF. I consider my beliefs and the consequences of my actions on the world that I think I once took very much for granted; I think about what we are all capable of contributing to change, even on the most minute of scales and I think about how important it is to stay mindful and appreciative of what I have. As a finishing statement, I’d like to thank all of you for your continued support and faith in us.”

-Lena, a 16 year-old LEAF youth intern, writing about her work with LEAF



In 2019, the LEAF Project had profound impacts on the growth of the youth hired as they fed, educated, and empowered thousands of people within our community.



FOOD

"Being a part of cultivating the entire life cycle of plants has allowed me to recognize how important food genuinely is in our ability to connect with ourselves, our communities, and our earth." -Dailah, 18

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2019 BY THE NUMBERS

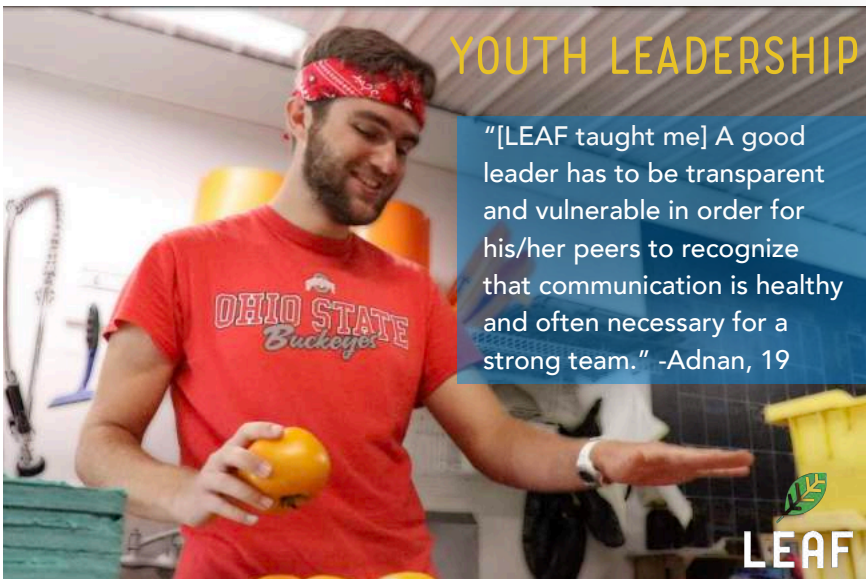
23 youth were hired by the LEAF Project

92% of youth hired improved their understand of food systems and nutrition

87% of youth improved in workforce skills

83% of youth families surveyed ate more, or maintained a high level of produce consumption after the program.

4,080 people were impacted by youth-led education, cooking, and farming programs



YOUTH LEADERSHIP

"[LEAF taught me] A good leader has to be transparent and vulnerable in order for his/her peers to recognize that communication is healthy and often necessary for a strong team." -Adnan, 19

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COMMUNITY

"Knowing that I am helping deliver fresh produce and possibly a meal or two to a family brings me a lot of joy." -Shannon, 15

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